



# LONGEVITY *Senses*

CASCAIS BOUTIQUE HOTEL & CLINIC



# *Corporate*

Enhance your meetings with healthy and tasty food, together with wellness experiences designed to **boost energy, reduce stress, and strengthen team connection.**

An ideal destination for small leadership retreats, executive meetings, and incentive gatherings—where business and wellbeing come together.











# *Summary of Conditions*

- Room capacity: 10 persons
- **Half-day meeting package: €91 pp**
  - Includes lunch and 1 coffee break
- **Full-day meeting package: €133 pp**
  - Includes lunch and 2 coffee breaks
- **Full-day meeting package with a Wellness class: €148 pp**
  - Including a group wellness class (Pranayama/breathing; mindfulness or meditation); lunch and 2 coffee breaks

# Gross Accommodation Rates

January to March 2026+ November and December 2026		6th to 30th April + 19 <sup>th</sup> October to 1st November 2026
Single / Double		Single / Double
<b>Deluxe Terrace</b>	152€/162€	205€/215€
<b>Deluxe partial sea view and terrace</b>	163€/173€	220€/230€
<b>Deluxe with sea view terrace or balcony</b>	193€/203€	233€/243€
<b>Premium Sea view with balcony</b>	253€/263€	306€/316€
<b>Suite Diamond with sea view and balcony</b>	405€	518€

- Healthy and tasty breakfast
- Access to spa, sauna, hammam, ice fountain, sensorial showers, heated indoor pool, relaxation area, outdoor pool, jacuzzi and gym
- **10% off** spa/clinic à la carte
- Min 10 rooms booked (any tipology) per group and 1 room (Deluxe Terrace) is complimentary





**The Art of Wellness. The Pleasure of Life.**

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**[www.longevitycascais.com](http://www.longevitycascais.com)**