



Wellness Center

An invitation to wellness in Fátima

Immerse yourself in a sanctuary of serenity and revitalization. At Dom Spa, we have designed an environment dedicated to balancing body and mind—featuring a heated indoor pool, relaxing massages, and invigorating fitness options. Whether you are looking to deeply unwind or recharge your energy, our experiences are tailored for everyone: families, couples, and solo travelers alike.

Complimentary 1-hour daily access for guests (booking required).

Open daily: 9:00 AM – 9:00 PM

arômes NATUR



At Dom SPA, we believe that true well-being is born from the harmony between body, mind, and nature. With this philosophy in mind, we have established an exclusive partnership with Arômes Natur, an internationally renowned brand leader in natural cosmetics and scientific aromatherapy.

This collaboration allows us to offer unique treatments that blend specialized spa techniques with the potency of Arômes Natur's pure essential oils and natural ingredients—promoting balance, beauty, and deep serenity.

Dom SPA Signature Massages



DOM SPA RELAX MASSAGE

50 min. - 75€

A deeply relaxing signature massage that combines gentle, enveloping techniques with the natural aromas of the Serra d'Aire – lavender and rosemary. A sensory body ritual that releases accumulated tension in the tissues, nourishes the skin and invites a profound state of well-being, from head to toe.

DOM SPA AROMATIC MASSAGE

50 min. - 85€

A massage that awakens the senses through the art of aromatherapy. Upon arrival in the treatment room, you will be invited to discover three essential oil complexes – Relaxing, Purifying or Energising. Each fragrance guides body and mind along a unique path of well-being, enhanced by gentle, enveloping touches.

BAMBOO MASSAGE

50 min. - 80€

Combining firmness and fluidity, this massage uses bamboo canes in rhythmic and continuous movements, alternating between drainage, sculpting and relaxation techniques. The bamboo deeply stimulates the skin, muscles, adipose tissues and the nervous system, promoting lightness and tonicity.

DOM SPA DEEP TISSUE MASSAGE

55 min. - 85€

A vigorous and focused massage designed to work deeply into muscle tissues and relieve specific areas of accumulated tension through slow, firm movements. Neuromuscular techniques and a therapeutic balm applied to critical areas help decongest and revitalise muscle tissue.

CANDLE MASSAGE

50 min. - 80€

Using handcrafted candles made in-house, formulated with cocoa and shea butters, this massage offers a unique sensory experience. As the candle melts, it transforms into a warm, nourishing and enveloping oil that glides smoothly over the skin, providing a moment of pure well-being.

HOT STONE MASSAGE

60 min. - 80€

The warmth of volcanic stones envelops the body in a deeply relaxing massage that combines therapeutic techniques to treat tension and muscle pain, promoting physical balance and inner serenity. The heat gently penetrates the tissues, bringing comfort and alignment to the body.



Dom SPA

Massages

Express

LOCALISED BACK MASSAGE

25 min. - 50€

A massage dedicated to the deep relief of tension accumulated in the back, shoulders and neck. Careful techniques and therapeutic balms are applied to decongest the muscles and restore comfort, promoting deep relaxation.

LOCALISED TIRED LEGS AND FEET MASSAGE

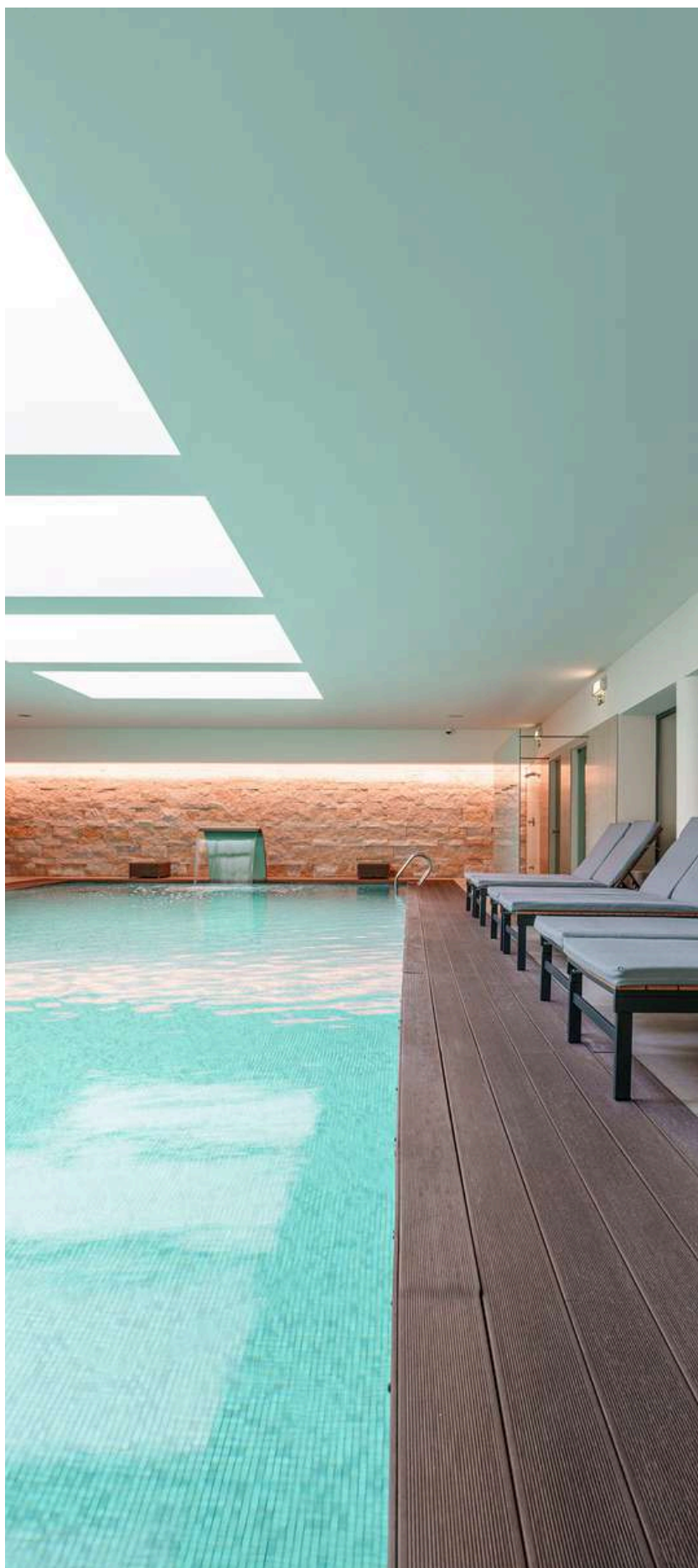
80 min. - 140€

Revitalise with a specific massage for legs and feet, combining massage techniques and cryotherapy to relieve heaviness, improve circulation and provide a sensation of lightness and well-being. A refreshing experience to restore energy, even when time is limited.

CRANIO-FACIAL MASSAGE

30 min. - 40€

A delicate and deeply relaxing massage that works on the face, scalp, neck and shoulders. Ideal for relieving accumulated tension, stimulating circulation and promoting an immediate sensation of lightness and well-being.



Dom SPA Family Massages

PREGNANCY MASSAGE

60 min. - 80€

This gentle massage helps relieve muscle tension, reduce swelling and provide physical and emotional comfort. With movements adapted to each stage of pregnancy, it offers a moment of deep care, promoting the well-being of both mother and baby.

KIDS MASSAGE (8-12 YEARS)

40 min. - 50€

A gentle and relaxing massage, ideal for children during their growth phase. It helps relieve muscle discomfort, improve digestion and promote more restful sleep. A moment of care and well-being specially designed for younger guests.



Dom SPA Oriental Massages



AYURVEDIC MASSAGE

55 min. - 85€

Inspired by the ancient principles of traditional Indian medicine (Ayurveda), the Ayurvedic massage promotes balance between body, mind and spirit. Through deep and rhythmic movements combined with warm medicinal oils, this experience revitalises vital energy.

BALI PINDA MASSAGE

55 min. - 85€

A sensory journey that combines the softness of lomi-lomi movements with the ancestral Balinese satori technique. The pindas – small bundles of medicinal plants and essential oils – release heat and active ingredients that penetrate deeply, promoting intense relaxation.

FOOT REFLEXOLOGY

30 min. - 85€

Through precise touch on reflex points of the feet, this ancestral therapy awakens the body's natural balance. Each area of the foot is connected to an organ or system, and when stimulated, activates self-regulation mechanisms, relieving blockages.

HYPNOSE RITUAL MASSAGE

55 min. - 85€

This massage is inspired by ancient Eastern traditions, integrating movements that combine twists, stretches and pressure on energetic points, or meridians. Enriched with the knowledge of chromotherapy, aromatherapy, crystal therapy and Reiki, it offers a holistic approach.



Facial Treatments

DEEP CLEANSING FACIAL

90-120 min. - 105€

A deep treatment designed to renew and purify the skin, removing impurities with specialised techniques that ensure comfort. Finished with the application of a hydrating and nourishing mask, this care restores the skin's natural balance, providing a smoother, healthier and more radiant texture.

SKIN WITH PROBIOTICS

50 min. - 75€

An innovative experience that combines advanced technology and natural ingredients to revitalise and rebalance the skin. By reinforcing the skin's flora with probiotics, this treatment promotes healthier, more radiant skin, protected against external aggressions.

MINI FACIAL

30 min. - 40€

A treatment expressly designed to revitalise the skin quickly and effectively. After a personalised assessment, advanced formulas and active ingredients are applied to deeply hydrate, providing an immediate boost of freshness and radiance.

DOM SPA TREATMENT

50 min. - 80€

Inspired by the latest advances in dermocosmetics, our facial treatments combine cutting-edge technology with deep relaxation to deliver visible results. Experience the antioxidant power of REVITAL C to brighten and even your skin tone, or choose LIFT & REPLUMPING with Hyaluronic Acid to intensely hydrate and plump. For those seeking renewal, our BULGARIAN ROSE treatment utilizes Retinol to rejuvenate and refresh the complexion.

Body Treatments and Wraps

DOM SPA EXFOLIATION

50 min. - 65€

A revitalising and enveloping body exfoliation ritual with rice powder, which upon contact with aromatic water transforms into an oily, deeply nourishing and hydrating texture, ideal for a slow and enveloping massage.

DOM SPA WRAPS

50 min. - 65€

The treatment begins with a gentle exfoliation that awakens the skin and prepares the senses, followed by a body wrap based on natural ingredients, selected according to your needs: Orange or Special Legs.

VINOTHERAPY

50 min. - 75€

Making full use of the properties of the red vine, this revitalising experience is ideal for relieving heavy legs, oedema and circulatory discomfort. It begins with a gentle exfoliation that enhances the absorption of grape seed active ingredients, followed by a smooth massage with red vine oil.

COCOA THERAPY

50 min. - 75€

An enveloping ritual that nourishes the skin and awakens the senses with the therapeutic properties of pure cocoa. Rich in antioxidants, cocoa hydrates, stimulates circulation and enhances serotonin production, leaving the body wrapped in comfort and well-being.

Dom Spa Packages



DREAM SENSATION

DOM SPA Aromatic Massage + Skin with Probiotics

110 min. - 150€

The aromatic massage with essential oils of your choice releases tension and awakens the senses. The probiotic treatment rebalances the skin's flora, reduces inflammation and restores vitality to the skin.

GONÇALO & OUREANA

Couple Massage

60 min. - 170€

Inspired by the legend of Gonçalo and Oureana, this massage celebrates shared love in a simultaneous ritual for two. Wrapped in relaxing aromas and an intimate setting, bodies find harmony, tranquillity and renewal, enjoying the pleasure of an experience lived together.

DOM SPA COMBINATION

DOM SPA Exfoliation + 1 DOM SPA

Treatment of your choice

110 min. - 150€

The rice powder exfoliation transforms into a warm, nourishing oil that leaves the skin silky and renewed. This is followed by a facial treatment of your choice: Vitamin C to brighten, Retinol to regenerate or Hyaluronic Acid to hydrate.

SERRA D'AIRE

Dom SPA Relax Massage + Mini Facial

80 min. - 115€

Inspired by the fresh, wild aromas of the Serra D'Aire, this treatment combines a relaxing massage with a revitalising mini facial. A moment of pause for body and face that relieves tension and awakens the skin's natural radiance.

DOM SPA

POOL & WELLNESS

WET CIRCUIT & MASSAGE TERMS OF USE

Massages and treatments are subject to prior booking. Reservations are only confirmed upon advance payment or by providing credit card details as a guarantee.

**Full treatments include one hour of access to the wet circuit and the tea ritual.
Express treatments do not include wet circuit access or the tea ritual.**

DAILY ACCESS (SPA CIRCUIT - 1H)

Monday to Friday: Non-guests 25€ - Hotel guests 12,5€

Saturday, Sunday & Holidays: Non-guests 30€ - Hotel guests 15€

Children: Non-guests 10€ (2-6 year olds) - Hotel guests 5€

Non-guests 20€ (7-12 year olds) - Hotel guests 10€

Free: under 2 years old

MONTHLY PASSES

1 session/week (4 entries): 90€

2 sessions/week (8 entries): 160€

IMPORTANT NOTES

Exclusivity: On Saturdays (after 2:30 PM) and Sundays (until 12:30 PM), the spa is for the exclusive use of hotel guests.

Mandatory Use: Swim cap, swimwear, and flip-flops are required.

Benefits: 5% discount on the purchase of 4 or more services.

Rua Jacinta Marto, 100, Fátima

Phone: +351 249 539 339 | Mobile: +351 911 906 172

spa@hoteldg.com

www.hoteldg.com