

## LONGEVITY RELAX & DETOX 3 nights package

---

*To enjoy a Spa based detox with scrubs, baths, wraps and massages.*

- 3 Nights' accommodation
- Healthy breakfast at the hotel restaurant
- Longevity infusions, alkaline water ph 9.5, and aromatherapy essential oil
- Access to the Detox & Relax wet area circuit (infra-red sauna, hammam, ice fountain, Epsom salt room, sensations showers, relaxing room, relax walking path, indoor heated detox pool, indoor sensation relax pool)
- Access to the Longevity Vitality Plan daily group activities – Examples of activities: yoga, pilates, stretching, training circuit, mobility, workshops, walks, among others
- Access to the gym
- Spa package:
  - 1 Himalayan Salt and Spirulina Body Scrub
  - 1 Algotherapy
  - 1 Detox and Purifying Bath
  - 1 Detox Massage
  - 1 Herbal Sachets Massage

## LONGEVITY RELAX & DETOX 3 nights package

---

Subject to availability at the time of reservation.

The packages/programmes inclusions are unbreakable and non-refundable. Unused items will be forfeited and cannot be reimbursed. Longevity Vitality Plan activities are subject to change and rotation, as well as seasonal adjustments.

Minimum age: 15 years old.

After written confirmation of a programme or package reservation by our reservations department, changes to the programme/package inclusions will be subject to a surcharge.

For price information please contact us.

All information contained in this document may change without prior notice.